

# REFLEX SPROUTS

The Pearland Gymnastics Academy  
Pre-School Educational Program

**2022 - 2023**

***\*REFLEX Sprouts is a licensing-exempted gymnastics skills program.  
We are NOT a state license program or facility. \****

# **SPROUTS EDUCATIONAL** **PROGRAM TUITION**

**Tuesday/Thursday - \$190/month**

**Registration Fee - \$100**

**(Tuition includes instructional gymnastics classes)**

## **Options:**

**3 days week - \$275/month**

**(Please ask about our GYMACTIVE/SPROUTS combination options)**

**4 days week - \$360.00 (Two days Sprouts, Two days GymActive)**

# **TRADITIONAL EDUCATIONAL PROGRAM**

## **SCHEDULE (Tuesday) \*Subject to change\***

**9:00 a.m.** – Arrival/Fine Motor Activities/Restroom

**9:15 a.m.** – Circle time (Songs/Calendar/Pledge of allegiance)

**9:30 a.m.** – Snack/Restroom

**10:00 a.m.** – ABC's (sounds worksheets), letter of the week, arts & crafts, numbers, shapes, colors

**11:45 a.m.** – Lunch/restroom break/Story time

**12:40 p.m.** – Music

**1:05 p.m.** – Gym Time

**1:50 p.m.** – Backpacks/Water bottles/Folders

**2:00 p.m.** – Time to go home!

## **TRADITIONAL EDUCATIONAL PROGRAM SCHEDULE (Thursday)**

**9:00 a.m.** – Arrival/Fine Motor Activities/Restroom

**9:15 a.m.** – Circle time (Songs/Calendar/Pledge)

**9:30 a.m.** – Snack/Restroom

**10:00 a.m.** - ABC's (sounds worksheets), letter of the week, arts & crafts, numbers, shapes, colors

**11:45 a.m.** – Lunch/restroom break/Story time

**12:40 p.m.** – Spanish

**1:05 p.m.** – Instructional gymnastics class

**1:50 p.m.** – Backpacks/Water bottles/Folders

**2:00 p.m.** – Time to go home!

# **SCHOOL SUPPLY LIST**

**Below is a list of school supplies each child needs to bring the first day of school or to the OPEN HOUSE would be great! Please be sure to label everything.**

- 1 Pencil Box
- 24ct – Box of crayons x2 (Crayola brand please)
- 1bx – Primary pencils (for beginners)
- 2pkg – Assorted colored construction paper
- 10ct – Box washable markers x1 regular and fine tip (skinny) x1
- 2bx – Tissues
- 1 – Folder with two pockets
- 2 – Package baby wipes
- 4 – Glue sticks
- 2 – Glue bottles
- 2 – Dry erase markers
- 2 – 140ct spiral notebook
- 1 – 8ct washable paint (Crayola brand please)

# PARENT ORIENTATION

**CALENDARS** – Please see attached calendar of yearly events. Reminders will be sent home.

**STUDENT FOLDERS** – Each student will have a folder that will consist of all the work done for the day and/or any school information being sent home. PLEASE REVIEW AND EMPTY YOUR CHILD'S FOLDER ON A REGULAR BASIS. These folders need to be put in your child's backpack and returned on your child's next school day.

**SPECIAL EVENTS** – Special events are noted on your yearly calendars. We will also send information about these days via GroupMe app and note home with your child. If changes are made to the date of special events, we will email the change to you and send home letters.

**BIRTHDAYS** – We love celebrating birthdays in the classroom! You may bring Bakery or Store-bought cookies and cupcakes to help celebrate your child's special day! **(NUT FREE)**

**INCLEMENT WEATHER** – In the event of unforeseen extreme weather we may choose to cancel class or ask you to pick your child up early. Your child's safety is our main concern, as well as the safety of our teachers. The weather alerts/closings will be posted on our website. We will always try and give you as much notice as possible!

**WATER BOTTLES** – All students are to bring reusable sport-like closeable water bottle to school **EVERYDAY**. We will refill their water bottles as needed. They will use this water bottle during snack time and throughout the day. Please make sure and have student's name on their water bottle.

**SNACK** – All students are to bring a nutritious snack to school **EVERYDAY**. **(NUT FREE)**

**LUNCH** – All students are to bring a lunch to school **EVERYDAY**. This needs to be a lunch that doesn't need to be refrigerated or heated up in the microwave. We do stress to the children that a good portion of their lunch needs to be finished first before eating their dessert. We are a NUT-FREE environment, please refrain from putting any nut products in your child's lunches!

**EMERGENCY PROCEDURES** – During the year the children will be performing safety drills in the event of a fire, tornado or a security lockdown. Parents will be notified as soon as possible by email or cell should the situation ever occur.

**DROP-OFF/PICK-UP** – The classroom will not open for drop-off until 9:00 a.m. This allows time to properly prepare the room for the day. You may enter through the gate and your child may hang up their backpack and unpack their water bottle and wait WITH AN ADULT until the door opens at 9:00 a.m. Please do not drop off your child unattended. A sign-in/sign-out sheet will be available when you drop-off and pick-up your child. If someone else is picking up your child you must notify the front desk and have them give us the information. If it is someone that we are not familiar with we will ask to see that person's ID for proper identification.

**BRINGING TOYS** – We will have special days throughout the year to bring things from home. Please refrain from bringing toys from home unless requested!

**CHILDREN'S ATTIRE** – Gymnastics is a part of your child's curriculum along with sports play. Please remember when dressing your child (girl) if wearing a dress that she wears shorts under it. Zippers and buckles are not comfortable to the children while doing gymnastics – plain elastic shorts or pants are great! Children will be taking shoes off/on throughout the day...flip flops, slip-ons, Velcro-fastener shoes are much easier for the children to take off and put back on!

**RESTROOM BREAKS** – Several restroom breaks are scheduled during the day. Children must be fully potty trained to participate in the Sprouts program, but we do understand an occasional accident. Please make sure an extra set of clothes remain in your child's backpack for the entire school year!

# THEMED MONTHS

Below is a list of the themes for each month. Also provided are dates for special events, parties and days we do not have school.

<b><u>September 6<sup>th</sup></u></b> :	<b><u>Back – to – school/All about me</u></b>
<b><u>October:</u></b>	<b><u>Fall/Harvest/Pumpkins</u></b>
Oct. 27 <sup>th</sup>	Trunk or Treat
<b><u>November:</u></b>	<b><u>Family/Thankful/Thanksgiving</u></b>
Nov. 17 <sup>th</sup>	Thanksgiving Feast @ 12:00 p.m./Early dismissal
Nov. 21 <sup>st</sup> - 25 <sup>th</sup>	Thanksgiving Break (NO SCHOOL)
<b><u>December:</u></b>	<b><u>Winter/Christmas</u></b>
Dec. 15 <sup>th</sup>	Christmas Party @ 12:00 p.m./Early dismissal
Dec. 19 <sup>th</sup> -Jan. 2 <sup>nd</sup>	Christmas Break (NO SCHOOL)
<b><u>January:</u></b>	<b><u>“I can”/Health &amp; Hygiene/Foods</u></b>
Jan 3 <sup>rd</sup>	Normal Classes will resume
<b><u>February:</u></b>	<b><u>Feelings/Emotions/Valentines</u></b>
Feb. 14 <sup>th</sup>	Valentine’s Day Exchange
<b><u>March:</u></b>	<b><u>Texas/Rodeo</u></b>
March 9 <sup>th</sup>	REFLEX Sprouts Rodeo (Lunch provided)
March 13 <sup>th</sup> -17 <sup>th</sup>	Spring Break (NO SCHOOL)
<b><u>April:</u></b>	<b><u>Flowers/Spring/Easter</u></b>
April 6 <sup>th</sup>	Easter Egg Hunt
<b><u>May:</u></b>	<b><u>Summertime/Year End Program</u></b>
May 4 <sup>th</sup>	Pizza with Pops
May 11 <sup>th</sup>	Muffins with Mom or Mom and Me Tea
May 25 <sup>th</sup>	Awards & Graduation Day @ 12:00 p.m.

# REFLEX

## PEARLAND GYMNASTICS ACADEMY

### SPROUTS REGISTRATION FORM 2022-2023

STUDENT INFORMATION – PLEASE PRINT			
STUDENT NAME:	M / F	DOB:	
STUDENT NAME:	M / F	DOB:	
STUDENT NAME:	M / F	DOB:	
STUDENT NAME:	M / F	DOB:	
ALLERGIES:	PLAN OF ACTION:		
WHO:			
FAMILY INFORMATION – PLEASE PRINT			
PRIMARY GUARDIAN:	RELATIONSHIP:		
PHONE #:	Texting Opt-In: <input type="checkbox"/>	EMAIL:	
SECONDARY GUARDIAN:	RELATIONSHIP:		
PHONE #	Texting Opt-In: <input type="checkbox"/>	EMAIL:	
ADDRESS:	CITY:	ST:	ZIP:
EMERGENCY CONTACT:	PHONE #:		
ACKNOWLEDGEMENT OF RISK			
<p>I/WE fully understand that gymnastics, cheerleading and tumbling involve motion and height... and that any physical activity, including gymnastics, tumbling and or cheerleading, that involves motion and or height can result in serious permanent injury and disability or death.</p> <p>PERMISSION TO PARTICIPATE – with knowledge of the risk of possible injury, disability, or death from participation in gymnastics, tumbling, and/or cheerleading. I/We the Parent(s)/Legal Guardian(s) of the person of the student(s):</p> <p>1) _____ 2) _____ 3) _____</p> <p>do hereby grant permission for the student to participate in gymnastics, tumbling, and/or cheerleading REFLEX The Pearland Gymnastics Academy.</p> <p>ASSUMPTION OF RISK AND RELEASE FROM LIABILITY – I/We hereby assume all risks for the student’s personal injury, including disability, and/or death, sustained by the student while participating in gymnastics, tumbling, and/or cheerleading at REFLEX The Pearland Gymnastics Academy, its officers, directors, supervisors, instructors, and employees of and from any and all liability any of them may have for any injury, including disability and/or death, sustained by the student without limit and without regard to the cause or causes thereof or the negligence of any party or parties.</p> <p>CONSENT TO MEDICAL CARE – I/We do hereby authorize any adult officer, director, supervisor, instructor, or employee of REFLEX The Pearland Gymnastics Academy who has care and control of the student to consent to any medical treatment of the student when I/We cannot be contacted pursuant to 35.01 of the Texas Family Code which, in judgement of any prospective treating doctors, is immediately and medically necessary to treat any injury sustained by the student.</p> <p>IDEMNITY AND HOLD HARMLESS – I/We do hereby agree to indemnify REFLEX The Pearland Gymnastics Academy, its officer, directors, supervisors, instructors, and employees, and hold them harmless from any claims, demands, causes of action made against them or expenses they may incur in connection with any injury, including disability and/or death, sustained by the student or in connection with any medical care received by the student.</p>			

**BILLING, POLICIES & SIGNATURE on back** →



# REFLEX THE PEARLAND GYMNASTICS ACADEMY TERMS & CONDITIONS

PLEASE READ AND INITIAL EACH POLICY	INITAIL HERE
Tuition is due at the first of each month. A \$5 discount will be taken if enrolled in AutoPay. I understand that a \$10 late fee will be charged to my account on any unpaid tuition on the 10th of the month. I understand that I must provide a credit card as a guarantee of payment.	
I authorize that ALL unpaid balances will be charged to this card on the 15th of each month. I understand these charges will include the \$10 late fee. I also understand that that if my account is 30 Days past due, RPGA has the right to drop my student from class.	
I understand that tuition will only be prorated the month of registration, if necessary. No other months will be prorated.	
I understand that there is an annual family registration of \$45 due at registration that is valid until August.	
I understand that a <b>30-DAY WRITTEN NOTICE</b> is required to <b>DROP</b> from a class. I also understand that the notice <b>MUST BE RECEIVED BEFORE</b> the first class of the month <b>PRIOR</b> to the month dropping.	
I understand that I am responsible for tuition for the month the notice was <b>NOT</b> given. Notices received after the first class of the month will be processed and taken effect the following month.	
I understand that the yearly registration fee and tuition are non-refundable. Absolutely <b>NO REFUNDS!!!</b>	
I grant REFLEX The Pearland Gymnastics Academy, its licensees, its successors and those acting with its permission to use my child's likeness in a photograph, video or sound recording in any social media or website posting.	
GIRLS GYMNASTICS CLASS ATTIRE - leotards, soft shorts optional (no zippers or buckles), no socks, hair must be pulled out of the face. BOYS GYMNASTICS CLASS ATTIRE- soft t-shirt & shorts (no zippers or buckles), no socks. TUMBLING CLASS ATTIRE- soft t-shirt & shorts (no zippers or buckles), socks & tennis shoes, hair must be pulled out of the face.	
I understand that classes with 2 or fewer students in attendance for the day will end 10 minutes early and that instructors are subject to change without notice.	
I understand that REFLEX The Pearland Gymnastics Academy will be closed on ALL major holidays, i.e. the weeks of Spring Break, Thanksgiving, Christmas & New Year as well as Labor Day, Memorial day & the 4th of July (these are subject to change).	
Students are allowed <b>ONLY ONE</b> make-up class per month.	
PRIMARY CARD INFORMATION	
<b>TYPE:</b> VISA            MC            AMEX            DSC	<b>EXP:</b>
<b>CARD #:</b>	<b>CVC CODE:</b>
<b>NAME ON CARD:</b>	<b>BILLING ZIP:</b>
<b>AUTO PAY (circle one):</b> YES            NO	<b>INITAIL HERE</b>
<b>IF YES:</b> Your card will be charged on the last business day of the month prior. \$5 discount will be added. <b>IF NO:</b> You will be responsible for paying tuition every month. <b>ALL UNPAID TUITION will be charged on the 15<sup>th</sup> of every month.</b>	

REMINDER: 30 Day Drop Notice is required to drop from class.

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_