

# **REFLEX** Kids

## **AFTER SCHOOL SPORTS ACADEMY**

(281-412-3350) ([info@reflexpga.com](mailto:info@reflexpga.com))

After school (Monday-Friday), our REFLEX Kids vans will pick-up and take your "*precious cargo*" to REFLEX for a variety of safe and fun gymnastics activities until 6:30p.m.

Your child is required to bring clothing for gymnastics activities (leotard, athletic shorts w/no zippers/buckles/buttons) and bare feet. Girls must have their hair pulled back in ponytail. No jewelry can be worn.

### **WEEKLY ACTIVITIES**

- \*After-School Snack
- \*Open Gym Time
- \*Trampoline/Tumble Track
- \*Tumbling
- \*Strength/Conditioning Obstacles
- \*Gymnastics Games
- \*Evening snack
- \*REFLEX Fun Fort/Pit Fun

### **SCHEDULE**

2:45pm-3:30pm	Pickup from Schools
3:30pm-4:00pm	Snack
4:00pm-4:15pm	Restroom/Change clothes
4:15pm-5:50pm	Gymnastics/Gym Activities
5:50pm-6:30pm	Snack/Restroom

\*If your child has a class at 4:15, 5:15, or 6:15 pm, we will make sure they get to class!

## **COST & TUITION**

**\$23.00/day for days 1-2 days a week**

**\$18/day for 3-5 days a week**

**(\$360 per month for full-time students)**

**\$23 Drop-In rate – REFLEX must be notified by 10:00 am & must have CC on file**

**Yearly Registration Fee: \$30.00**

REFLEX Kids requires a guarantee form of payment to be left on file at all times. Your credit card will automatically be charged on the 1<sup>st</sup> of each month for the school year regardless of school closings & holidays. If you are a drop in for the day(s) or week your credit card will be charged immediately for the time needed.

If you are needing your child to be picked up for the day, it is your responsibility to notify the school, and notify REFLEX by 10:00am that morning. Reminder calls or emails will not be made or sent.

If your card is declined or your payment is not received on time, extra charge of \$10.00 will apply. If not paid in full, plus late fee by the 5th of the month, the student will be restricted from after school transportation and class participation until the account is current.

REFLEX Kids after school transportation is NOT provided on Alvin/Pearland ISD student holidays, early release days, 1/2 days and school closings.

### **Schools available for our After-School Program:**

- Carlestone Elementary
- Lawhon Elementary
- Magnolia Elementary
- Massey Ranch Elementary
- Pomona Elementary
- Silvercrest Elementary
- Silverlake Elementary
- Rogers Middle School
- Sablatura Middle School

\*If your school is not listed, please ask us to add you to a waiting list!

## **Instructional Gymnastics Classes**

All who participate in our after-school program will receive a 25% discount off of **recreational** classes. Students must be registered in a 4:15 p.m. or 5:15 p.m. to receive the discount. All registrations must be done at the front desk.

No online registrations, as discount will not be applied automatically.

## **TEAM**

If your child is a gymnast on one of our competitive teams, they can participate our "Traveling Team" after school program. Your child will be provided transportation from school to the gym & will have time to relax & get changed, have snack and get mentally prepared for practice. If time allows before their team practice, they will receive "gym time" doing trampoline, rope, bounce coordination & pit conditioning.

**COST:** \$15 per day

## **POLICIES & PROCEDURES**

Children must conduct themselves in a manner which does not jeopardize themselves, other children, staff or the facility. The following procedures will be used to address issues when they arise:

- 1st offense: Verbal warning to child/parent or guardian will be verbally notified.
- 2nd offense: Written warning sent home to parent/guardian and will also be verbally notified of possible removal of next activity.
- 3rd offense: Parent/guardian meeting will be scheduled to discuss solution to problem or immediate dismissal will be addressed. Parents will forfeit any fees for the remainder of session.

## **CODE OF CONDUCT**

\*Children are treated with respect and are to be respectful of others

\*Children are to be respectful of school property and property of others

\*Children are to use proper language

\*Children are to stay with their designated group and instructor

\*Children are to show good sportsmanship

## **INCLEMENT WEATHER**

In the event of serious severe weather conditions, REFLEX holds the right to cancel after school transportation with a two-hour notice to the parent/guardian or contacting the parent/guardian to pick up their child early if needed due to inclement weather conditions. We ask that you keep in contact with REFLEX when severe weather conditions are in effect.

## **ILLNESS**

If your child is ill or running a fever during program hours, we will promptly notify you and we will need for you to pick up your child as soon as possible. Please understand that we want to keep our kids and staff healthy! If your child has been absent for over 3 days, please send us a doctor's note that allows your child to return to the gym.

## **EMERGENCY CONTACT**

Two emergency contact numbers will be needed for each child. If child becomes ill or injured, parent/guardian will be contacted immediately. If parent/guardian is not available, emergency contact will be called.

## **SIGN IN/SIGN OUT**

Each REFLEX kids van will have a designated list of children to be picked up at designated schools. If your child's name is not on the designated list for that day your child will not be picked up. Please keep the front office notified in advance (by 10 am) if you are adding your child for the day. If your child is on the designated list and your child is not present at the time of pick up; the office will be notified, they will try and contact you and your account will be assessed an additional fee of \$10.00. Please keep us notified (by 10 am) when your child is ill or not going to school so we may update our designated pick up list for the day. Authorized adults must be listed on the registration form in order sign a child out for the day. Unauthorized adults will not be allowed to pick up a child. When adding an authorized adult, it must be in writing and the office will ask for proper ID prior to the child being released.

## **DROP POLICY**

REFLEX kids requires a TWO-WEEK written drop notice. If you have paid for a given month or week or day, please note that we will apply any applicable paid tuition to your account as a gym credit.

**\*\* WE DO NOT ISSUE REFUNDS. \*\***

## **FEE FOR LATE PICK UP**

Activities are until 6:30pm. Children attending afterschool need to be picked up by 6:30pm. A late fee is applied for anyone picked up after 6:30pm, please be prepared to pay a late fee of \$1.00/minute (for excessive lateness).

## **SIBLING DISCOUNT**

A \$5.00/mo. discount will be applied for multiple siblings in the program. This only applies to children who are in the 5 days/week afterschool transportation program.



# **2020 – 2021 REGISTRATION FORM**

## **STUDENT INFORMATION**

Name: \_\_\_\_\_ Gender: F/M Age: \_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone # \_\_\_\_\_ E-Mail \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

## **PARENT INFORMATION**

Mother's Name \_\_\_\_\_ Employer \_\_\_\_\_

Work # \_\_\_\_\_ Cell # \_\_\_\_\_

Father's Name \_\_\_\_\_ Employer \_\_\_\_\_

Work # \_\_\_\_\_ Cell # \_\_\_\_\_

## **AUTHORIZE TO PICK UP STUDENT OTHER THAN LEGAL GUARDIANS**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone Number: \_\_\_\_\_

## **MEDICAL & EMERGENCY INFORMATION**

Are there any medical conditions, mental or physical disabilities? Explain: \_\_\_\_\_

\_\_\_\_\_

Allergies \_\_\_\_\_ Medications \_\_\_\_\_

Insurance Company \_\_\_\_\_

Doctor \_\_\_\_\_ Phone \_\_\_\_\_

## **IN CASE OF EMERGENCY, CONTACT -**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone Number: \_\_\_\_\_

## **RELEASE TO PICK UP**

A representative of the REFLEX kids Afterschool Program  
is authorized to transport my child on any or all of the  
days I have **circled here**:

**MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY OR DROP-IN**

Parent/Guardian Signature \_\_\_\_\_

School Name \_\_\_\_\_

Grade \_\_\_\_\_ Homeroom Teacher \_\_\_\_\_

Date \_\_\_\_\_

## **MEDICAL RELEASE & LIABILITY WAIVER**

Participant Name \_\_\_\_\_

With knowledge of the risk of possible injury, disability or death from participation in gymnastics, tumbling and/or cheerleading, I/the parent/legal guardian of the "student" mentioned above grant permission for the "student" to participate in gymnastics, tumbling, cheerleading or any event being held at REFLEX Gymnastics/Cheer Academy, Inc. I hereby give my consent to REFLEX supervisors and employees for any medical treatment needed for "student" when I cannot be contacted and in the judgment of any prospective treating doctor, is immediately and medically necessary to treat any injury sustained by the "student".

By granting permission for "student" to participate I release REFLEX Gymnastics/Cheer Academy, Inc., its supervisors and employees from any and all liabilities that may arise due to any injury including death to "student" by reason of "student's participation in any activity at REFLEX Gymnastics/Cheer Academy, Inc. or in which REFLEX Gymnastics/Cheer Academy, Inc. is participating elsewhere.

**I have read, understand & execute this release & acknowledgement:**

**Signature:** \_\_\_\_\_ **Date** \_\_\_\_\_