

REFLEX SPROUTS

The Pearland Gymnastics Academy
Pre-School Educational Program

2020 - 2021

****REFLEX Sprouts is a licensing-exempted gymnastics skills program.
We are NOT a state license program or facility. ****

SPROUTS EDUCATIONAL **PROGRAM TUITION**

Tuesday/Thursday - \$190/month

Registration Fee - \$95

(Tuition includes instructional gymnastics classes)

Options:

3 days week - \$275 (Two days Sprouts, One day GymActive)

4 days week - \$360.00 (Two days Sprouts, Two days GymActive)

TRADITIONAL EDUCATIONAL PROGRAM

SCHEDULE (Tuesday)

9:00 a.m. – Arrival/Fine Motor Activities/Restroom

9:15 a.m. – Circle time (Songs/Calendar/Pledge of allegiance)

9:30 a.m. – Snack/Restroom

9:45 a.m. – Large Motor

10:15 a.m. – ABC's (sounds worksheets), letter of the week, arts & crafts, numbers, shapes, colors

11:45 a.m. – Lunch/restroom break/Story time

12:40 p.m. – Music

1:05 p.m. – Gym Time

1:50 p.m. – Backpacks/Water bottles/Folders

2:00 p.m. – Time to go home!

TRADITIONAL EDUCATIONAL PROGRAM SCHEDULE (Thursday)

9:00 a.m. – Arrival/Fine Motor Activities/Restroom

9:15 a.m. – Circle time (Songs/Calendar/Pledge)

9:30 a.m. – Snack/Restroom

9:45 a.m. – Large Motor

10:15 a.m. - ABC's (sounds worksheets), letter of the week, arts & crafts, numbers, shapes, colors

11:45 a.m. – Lunch/restroom break/Story time

12:40 p.m. – Spanish

1:05 p.m. – Instructional gymnastics class

1:50 p.m. – Backpacks/Water bottles/Folders

2:00 p.m. – Time to go home!

SCHOOL SUPPLY LIST

Below is a list of school supplies each child needs to bring the first day of school or to the OPEN HOUSE would be great!

- 1 Pencil Box
- 24ct – Box of crayons x2
- 1pr – Preschool scissors (round blunt edge)
- 1bx – Primary pencils (for beginners)
- 2pkg – Assorted colored construction paper
- 10ct – Box washable markers x2 regular and fine tip (skinny)
- 2bx – Tissues
- 1 – Two pocket folders with prongs
- 1 – 3 ring 1” binder
- 2 – Primary handwriting tablets (Pre-K/Kindergarten)
- 1 – Package baby wipes
- 3 – Composition book Wide rule

PARENT ORIENTATION

CALENDARS – Every month on the first day of school for that month, we will post the monthly calendar on the board right outside the classroom (PARENTS CORNER). If any changes need to be made during the month the calendar will be updated on the board and an email will be sent out. A “WEEKLY” curriculum for (Tues/Thurs) classes and (Mon/Wed) classes will also be posted at the “Parents Corner”!

STUDENT FOLDERS – Each student will have a folder that will consist of all the work done for the day and/or any school information being sent home. PLEASE REVIEW AND EMPTY YOUR CHILD’S FOLDER ON A REGULAR BASIS. These folders need to be put in your child’s backpack and returned on your child’s next school day.

SPECIAL EVENTS – Special events are noted on your monthly calendars (as well as on your “monthly themes” information). We will also put your information about these days on our board and verbally touch base with parents during drop-off and pick-up. If changes are made to the date of special events, we will email the change to you and send home letters.

BIRTHDAYS – We love celebrating birthdays in the classroom! You may bring Bakery or Store-bought cookies and cupcakes to help celebrate your child’s special day! **(NUT FREE)**

INCLEMENT WEATHER – In the event of unforeseen extreme weather we may choose to cancel class or ask you to pick your child up early. Your child’s safety is our main concern, as well as the safety of our teachers. The weather alerts/closings will be posted on our website. We will always try and give you as much notice as possible!

WATER BOTTLES – All students are to bring reusable sport-like closeable water bottle to school **EVERY DAY**. We will refill their water bottles as needed. They will use this water bottle during snack time and throughout the day. Please make sure and have student’s name on their water bottle.

SNACK – All students are to bring a nutritious snack to school **EVERY DAY**. **(NUT FREE)**

LUNCH – All students are to bring a lunch to school **EVERY DAY**. This needs to be a lunch that doesn’t need to be refrigerated or heated up in the microwave. We do stress to the children that a good portion of their lunch needs to be finished first before eating their dessert. We are a NUT-FREE environment, please refrain from putting any nut products in your child’s lunches!

EMERGENCY PROCEDURES – During the year the children will be performing safety drills in the event of a fire, tornado or a security lockdown. Parents will be notified as soon as possible by email or cell should the situation ever occur.

DROP-OFF/PICK-UP – The classroom will not open for drop-off until 9:00 a.m. This allows time to properly prepare the room for the day. You may enter through the gate and your child may hang up their backpack and unpack their water bottle and wait WITH AN ADULT until the door opens at 9:00 a.m. Please do not drop off your child unattended. A sign-in/sign-out sheet will be available when you drop-off and pick-up your child. If someone else is picking up your child you must notify the front desk and have them give us the information. If it is someone that we are not familiar with we will ask to see that person's ID for proper identification.

BRINGING TOYS – We will have special days throughout the year to bring things from home. Please refrain from bringing toys from home unless requested!

CHILDREN'S ATTIRE – Gymnastics is a part of your child's curriculum along with sports play. Please remember when dressing your child (girl) if wearing a dress that she wears shorts under it. Zippers and buckles are not comfortable to the children while doing gymnastics – plain elastic shorts or pants are great! Children will be taking shoes off/on throughout the day...flip flops, slip-ons, Velcro-fastener shoes are much easier for the children to take off and put back on!

RESTROOM BREAKS – Several restroom breaks are scheduled during the day. Children must be fully potty trained to participate in the Sprouts program, but we do understand an occasional accident. Please make sure an extra set of clothes remain in your child's backpack for the entire school year!

THEMED MONTHS

Below is a list of the themes for each month. Also provided are dates for special events, parties and days we do not have school.

<u>August:</u>	<u>Back – to – school/All about me</u>
<u>October:</u>	<u>Fall/Harvest/Pumpkins</u>
Oct. 29 th	Fall Party
<u>November:</u>	<u>Family/Thankful/Thanksgiving</u>
Nov. 19 th	Thanksgiving Feast @ 11:00 a.m./Early dismissal
Nov. 24 th - 26 th	Thanksgiving Break (NO SCHOOL)
<u>December:</u>	<u>Winter/Jesus/Christmas</u>
Dec. 17 th	Christmas Skit/Party @ 11:00 a.m./Early dismissal
Dec. 22 nd -Jan. 5 th	Christmas Break (NO SCHOOL)
<u>January:</u>	<u>“I can”/Health & Hygiene/Foods</u>
Jan 5 th	Normal Classes will resume
<u>February:</u>	<u>Feelings/Emotions/Valentines</u>
Feb. 11 th	Valentine’s Day Party
<u>March:</u>	<u>Texas/Rodeo</u>
March 11 th	REFLEX Sprouts Rodeo (Lunch provided)
March 15 th -19 th	Spring Break (NO SCHOOL)
<u>April:</u>	<u>Flowers/Spring/Easter</u>
April 1 st	Easter Egg Hunt
<u>May:</u>	<u>Summertime/Year End Program</u>
May 6 th	Muffins with Mom
May 20 th	Donuts with Dad
May 27 th	Awards & Graduation Day @ 10:00 a.m.